



Eastern Conference – Atlantic Division

Atlantic Division	W	L	%	GB
Boston Celtics	47	35	58.54%	-
New York Knicks	43	39	51.22%	4
New Jersey Nets	33	49	40.24%	14
Toronto Raptors	31	51	37.80%	16
Philadelphia 76ers	28	54	34.15%	19

Division Outlook:

I know it is cliché, but the Boston Celtics are another year older, and another year closer to retirement. However, they are still the team to beat in the Atlantic Division. The Nets and Knicks both made improvements in the off-season. The Raptors have a lot of promising young pieces. The 76ers will have trouble winning games in 2010-11.

Boston Celtics

Rajon Rondo (ADP: 16) is one of the best players in the NBA... when he is asked to play a complimentary role. His turnovers and FG% will suffer as a result of being asked to do too much for the Celtics offense this year. Rondo will be very good, but is going too early in fantasy drafts this year.

Paul Pierce (ADP: 35) is 33 years old and has played in 985 career NBA games. The 1,000 game mark is approaching, and that is never a good sign, especially for a player who relies on driving to the basket. Pass on Pierce, unless he falls past 50 for some reason.

Kevin Garnett (ADP: 50) is another aging superstar who. Unlike Pierce, Garnett has already eclipsed the 1,000 game mark, and has seen his production dip in the past few years, as expected. 15 pts, 8 rebs with a steal and a block is likely the ceiling for KG this season. There are much better options at pick #50.

Ray Allen (ADP: 76) has also recently surpassed the 1,000 game mark. Are you picking up on the Celtic Trend here? Last year was their final hoorah, and they came up short. They still have big name recognition, so they are getting picked too early in fantasy drafts.

Nate Robinson and Delonte West(ADP: 160+) will be asked to score off the bench, and will be worthy of late-round fliers in most 12+ team fantasy leagues. Nasty Nate is the safer bet to provide some value in 2010-11.

Kendrick Perkins, Shaquille O'Neal and Jermaine O'Neal (ADP: 160+) are all worth late round roster spots, but will kill each other's value for the most part. Shaq and Kendrick will make it easy for opponent's to foul in critical game situations.

New York Knicks

Amar'e Stoudemire (ADP: 20) moves from one fantasy friendly team to another. Getting separated from Nash will hurt, but being reunited with D'Antoni and playing against Eastern Conference Centers on a nightly basis will certainly help his cause. Amare is actually a bargain at his Average Draft Position of 20.

Raymond Felton (ADP: 57) got traded from the Bobcats to the Knickerbockers in the offseason. These are the type of moves that can completely change a career. This will be the first time in Felton's career that he has had legitimate offensive weapons to utilize. I am predicting 17 points, 8 assists, 1.5 threes, 1.5 steals, 4 rebounds ... Felton should easily out play his ADP.

Danilo Gallinari (ADP: 69) is another undervalued Knick. Remember Peja Stojakovic in his prime? If not, go google it, or basketball-reference it, I'll wait. Pretty unreal, right? That is the kind of game, and potential that Gallinari has. The only knock on Gallinari that almost all his value comes from three pointers. However, try to remember that DG is only 22 years old, he can only get better from here on out.

Anthony Randolph (ADP: 88) has breakout written all over him. In 2009-10, on a per-game basis, I had Randolph ranked as the 89th most valuable fantasy player. That was all in measly 22 minutes per game. Given 30 minutes a game, Randolph could easily bring in 15 points, 9 rebounds, 1 steal, and 2 blocks. If you're not looking for blocks then pass on Randolph, don't hesitate to pull the trigger anytime after the 45th pick.

Wilson Chandler (ADP: 118) was a sexy sleeper pick last year, that never really woke up. 2009-10 was considered a disappointment by most owners who drafted Chandler last year. I have Wilson ranked as the 98th most valuable fantasy player last year, and there is no reason to expect this 23 year old to get any worse. Chandler becomes a great value pick if you are getting him anywhere after the 100th pick.

Timofey Mozgov (ADP: 160+) – Don't believe the hype. Mozgov is not the Russian David Lee. If Mozgov does end up making the Knicks rotation, I can't see him earning more than 20 minutes a game. At best, Mozgov will give you 8 points, 6 rebounds, 1.5 blocks. If that potential intrigues you, then by all means, take a late round flier on the Russian.

Toney Douglas (ADP: 160+) – Toney Douglas is the primary backup for Raymond Felton, but will also be used in small-ball lineups, alongside Felton. I wouldn't recommend drafting Douglas, but definitely someone to keep on your watch list, because when he plays, he scores in bunches.

Kelenna Azubuike (ADP: 147) is returning from major injury, which may limit his production initially. We have seen how good Azubuike can be in the past, but his serious knee injury last year may change that. 147th is just too early for a player like Azubuike, who is unlikely to earn more than 23 minutes a game. Azubuike will disappoint a lot of owners this year.

Bill Walker / Roger Mason (ADP: 160+) – Walker and Mason are more than capable of producing for fantasy owners when given the minutes. At this point it's anyone's guess on whether either will see ample playing time. Keep your eye on these two, and be ready to swoop in for the add, if one starts getting more run.

New Jersey Nets

Brook Lopez (ADP: 18) – At age 22, it's hard to name a young big man in the league with more promise than Brook Lopez. Last season, Lopez increased his scoring by nearly six points a game, while also doubling his assist totals. Lopez has a lot more weapons to work with this season, but he will still get his points. We should see his assist totals increase over three a game, while also bringing his FG% back over the 50 percent mark. After owning Lopez all of last year, I'm afraid to say it, but Brook Lopez is boring to own. That being said, Lopez is a safe bet to be a top 25 player in 2010-11.

Troy Murphy (ADP: 39) is going way too early in drafts. During Murphy's nine year career, he has been a Top 50 fantasy player in four of those. At age 30, switching teams, I just can't see 2010-11 being his fifth Top 50 finish. I can see Murphy being used as a decoy to stretch the floor, to prevent double teams on Lopez, but that is about the extent of his usage. I am predicting 12.6 points, 7.6 rebounds, 1.7 threes and not much else. Definitely not worth the 39th pick he is being drafted at.

Devin Harris (ADP: 47) is another Net being drafted too early. This guy is more fragile than a teenage girl. There are few things that are certain in life... death, taxes, and Harris missing at least ten games a season. If you are looking for a very high risk, average reward, then Harris is your man.

Anthony Morrow (ADP: 106) – Many fantasy owners think of Morrow as a product of Nellie's system in Golden State, and are ignoring him now that he is in New Jersey. Nellie's system can't help you shoot 46% from behind the arc. To put that in perspective, Steve Kerr is the all-time three-point percentage leader with 45.4%. Morrow will still be a great source of threes in 2010-11. I would not be afraid to draft Morrow as early as 80th overall, if my team was in need of the trey bombs Morrow will provide.

Derrick Favors (ADP: 115) – Good draft pick at number 3 overall? Probably. Immediate fantasy impact? Nope. Do yourself a "favor" and let Favors fall to someone else this year.

Terrence Williams (ADP: 116) – Iguodala-lite was exactly that in his rookie campaign. In the 34 games Williams played 25 minutes or more, he averaged 13.4 points, 7 rebounds, 4.5 assists, 0.6 threes, 0.6 steals. Those are the type of numbers you should expect from Williams in 2010-11. That will definitely surpass his ADP of 116. I would have labeled him a "super sleeper" if the Nets didn't pay \$4 billion for Travis Outlaw. Instead, Williams will just hold the label of "solid sleeper" in 2010-11.

Travis Outlaw (ADP: 134) – The Nets dropped the ball in free agency, panicked and paid Outlaw way too much. This should ensure him plenty of playing time. In 32 career starts, Outlaw has averaged 12.5 points, 4.8 rebounds, 1.8 assists, 0.9 assists, 1 three, 0.7 blocks, 42% FG and 80% from the line. Notice how close those averages are to the infamous “1 steal, 1 three, 1 block club”. There is no reason why Outlaw can’t at least remain in the general vicinity of his ADP.

Damian James (ADP: 160+) is a man, or “the man”, if you will. James was an absolute steal at 24 in the NBA Draft. The playing time probably won’t be there in 2010-11, but be ready to scoop and score at any hint that James will have the opportunity for more playing time.

Jordan Farmar (ADP: 160+) never got his chance to take over in LA, so it was time to move on. Remember how fragile Devin Harris is? Farmar can really shoot the trey ball, and is ready to use everything he’s learned from playing in the same backcourt with Derek Fisher and Kobe Bryant for years. Give Farmar 25+ minutes a game, and he is a Top 100 fantasy player. Sleeper Alert, Sleeper Alert, Sleeper Alert. **Side Note:** If you are lacking creativity or stuck trying to think of a team name, might I suggest stealing a team name a league mate used, “Farmar Bigger Using Extenze”... What can I say, it got bigger.

Toronto Raptors

Andrea Bargnani (ADP: 30) is now officially the man in Toronto. At 25 years old, there is no reason why Bargnani can’t have the best season of his young career. I wouldn’t reach for Bargnani this year, but he is certainly a bargain if he falls to you anytime after 35.

Jose Calderon (ADP: 90) is a little overrated due to his 07-08 and 08-09 season. Injuries and the invasion of Jarrett Jack have tasered the value of Calderon. Calderon still has a lot of fantasy potential, but he’s just not worth the risk at pick #90.

Leandro Barbosa (ADP: 111) is primed for a big year. After seven years of work for the Suns, Barbosa is ready to take his talents north of the border. In 466 career games, Barbosa has scored 20+ points in 89 (19%) of those games. Barbosa can score, and will score, in Toronto. Barbosa will be one of the five best 6th men in the NBA this year.

Linas Kleiza (ADP: 137) averaged 19 points and 7 rebounds a game during the 2010 FIBA World Championships. Kleiza never got the time of day in Denver, playing behind Melo. Kleiza should have no problem finding playing time in Toronto, and will surprise a lot of people who don’t know just how good Linas Kleiza is.

Jarrett Jack (ADP: 158) – Boring, but productive. You know exactly what you’re getting with Jack. Not a lot of upside, but not a lot of risk, either.

DeMar DeRozan (ADP: 160+) has to take it to the next level if the Raptors are going to win a reasonable amount of games this year. By reasonable, I mean over 25. The Raptors are going to be one of the highest tempo teams in the league, and someone has to score for them. This may sound ridiculous now, but I think DeRozan could challenge Bargnani as the team’s leading scorer. DeRozan got a great NBA education in his rookie season, starting 65 of the 77 games he played. Now he is ready to become an upper-tier scorer. If you are looking for points from the late rounds of your draft, DeRozan is DeMan for you.

Amir Johnson (ADP: 160+) will come off the bench initially, in favor of Reggie Evans, but is still very promising. Johnson signed a big contract, so the minutes should be there, provided he stays out of foul trouble. What kind of potential does Amir have in 2010-11? About 9 points, 7 rebounds, 1.6 blocks. You certainly could do worse in the latter rounds.

Ed Davis (ADP: 160+) won't see the court until early-mid November. When he does return, he will be one of the top fantasy players in this year's rookie crop. With Bosh fleeing town, and Bargnani playing sissy ball away from the basket, someone needs to score down low. Davis should get his fair share of minutes to prove himself. 13 points, 7 rebounds, 1.5 blocks is not out of reach. Don't sleep on this Raptor Rookie.

Julian Wright (ADP: 160+) had his chance to start last year in New Orleans and was a tremendous disappointment. He could eventually put it all together, but I wouldn't bet on it.

Philadelphia 76ers

Andre Iguodala (ADP: 24) is an iron man, missing a total of six games in his six year career. That is the type of consistency you love to have on your fantasy team. You would be silly to expect better numbers than last season's. You'd also be silly if you didn't want those stats.

Jrue Holiday (ADP: 84) is a poor man's version of Russell Westbrook. A lot of people are jumping on the Holiday bandwagon, but I am going to wait until next year to climb aboard. Holiday is just too young and the Philly back court is too crowded for a 20 year old to excel.

Evan Turner (ADP: 86) is getting hated on by a lot of people, and it is very surprising to me. Rookies like Turner are generally overhyped coming out of college, but that's just not the case here. I would be happy to take a chance on Turner at any pick after 75. I would not be surprised to see 12 points, 6 rebounds, 4 assists, with nearly 2 steals to boot.

Elton Brand (ADP: 102) is supposed to be more involved in the offense in 2010-11. I'll believe it when I see it. The truth is, Brand is 31 years old, and has had a lot of injury troubles in the past few seasons. Consider me a non-believer.

Lou Williams (ADP: 128) has been designated to primary 6th man duties. Lou has been asked to provide the scoring off the bench. This cuts into his value a little, but remember that Lou is still only 24 years old. Should be one of the Top 5 fantasy relevant 6th men in the league.

Spencer Hawes (ADP: 142) was the consolation prize Philly received for getting rid of Dalembert. Hawes should be ignored in all but the shallowest of leagues.

Thaddeus Young (ADP: 160) is not someone you should ignore. With a shallow frontcourt, Thaddeus has asked to play big, and should see time as the starting Power Forward. Thaddeus disappointed a lot of fantasy owners last year, but he looks primed for a "post sleeper" breakout year. Maybe breakout is the wrong word, but he should at least improve from last year's poor showing.

Eastern Conference – Central Division

Central Division	W	L	%	GB
Chicago Bulls	49	33	59.76%	-
Milwaukee Bucks	41	41	50.00%	8
Cleveland Cavs	31	51	37.80%	18
Indiana Pacers	28	54	34.15%	21
Detroit Pistons	28	54	34.15%	21

Division Outlook:

The Bucks won't sneak up on anybody this year, but they still have enough talent to finish above 500. The Cavs will miss that one guy they use to have, but still have enough for 30+ wins. The Pacers could be a surprise team this year if Collison and Hibbert are ready. However, I think they are a year away from being a playoff contender. The Pistons are still awful and have way too many mediocre wing players. I would legitimately be shocked if the Bulls don't win this division by 5+ games.

Chicago Bulls

Carlos Boozer (ADP: 29) loves to miss games with injuries. You know you're going to get 20-10 from Boozer when he's healthy. It's really disappointing to get less than half a block per game from your Center though. His Average Draft spot of 29 is a little too early for me, considering all the injury concerns.

Derrick Rose (ADP: 33) is probably my favorite player in the NBA right now, but his value just doesn't translate into fantasy stardom. D Rose tricked fantasy owners by saying he worked all summer on his outside shot. Six preseason games later, and he's made three 3-pointers. Rose should get to the line more this year, and also add an assist or two. Still not enough to make him a Top 30 fantasy player.

Joakim Noah (ADP: 56) united with Carlos Boozer should make for one of the best rebounding tandems in the Association of National Basketball. New Coach, Tom Thibs, says he wants his starters to play a lot of minutes. That means that last year's numbers for Noah should be the basement for projecting next year. I wouldn't argue against taking Noah anytime after the 40th pick.

Luol Deng (ADP: 68) – The Bulls tried to make Deng a “superstar” and that didn't work. That's because Deng is best suited to be a really good role player. Now that the Bulls have Rose and Boozer as option 1 and 2 on offense, I expect Deng to settle in nicely and have the best season of his career. Yes, better than 2006-07 when he was a fantasy stud.

Ronnie Brewer (ADP: 160+) is one of the most underrated two-guards in the league. The same is true in terms of fantasy value. Brewer is a steal machine, and doesn't hurt you in any other categories. He is the perfect “glue” player to bring your team together.

Taj Gibson (ADP: 160+) – Backing up Carlos Boozer is a good position to be in, in terms of fantasy value. You know you will get a lot of extra playing time. Gibson is a great defender, so the Bulls will need him on the court a lot. His rookie numbers of 9 points, 7.5 rebounds and 1.2 blocks is just the starting point of what Gibson is actually capable of. In the 50 games Gibson played over 25 minutes last year, he averaged 11 points, 9.3 rebounds and 1.7 blocks. While Boozer is sidelined with injuries, expect Gibson to be a double-double machine.

Kyle Korver (ADP: 160+) is one of the few players on the Bulls that can hit an open three pointer. They will need someone to spread the floor, which will keep Korver on the court for at least 20 minutes a game. If your team is needing a sniper, take a late round flier on Korver.

Omer Asik / James Johnson / Keith Bogans / C.J. Watson / Kyle Weaver (ADP: 160+) – Realistically, your team is in trouble or a really deep league if you own any of these players. James Johnson showed up in great shape this year, losing 25 pounds, but won't get more than 20 minutes a game. Omer Asik may provide decent value early in the season while Boozer is out, but don't expect much after that.

Milwaukee Bucks

Andrew Bogut (ADP: 32) is returning from a disgusting injury. Seriously it was hard to watch. He is still not 100% physically, and may not ever be 100% mentally after an injury like that. Bogut had a breakout year last year but I would expect closer to 08-09 numbers. Drafting him at 32 is way too early for my liking. Let someone else shake the rust off before you trade for him mid-season.

Brandon Jennings (ADP: 63) had a fantastic rookie year. Point Guards usually make a big jump from year one to two. I wouldn't expect anything different in Jennings case. In my latest draft, I scooped Jennings up at #36. That may have been a reach but I love his potential in H2H leagues. In roto, his FG% and Turnovers could kill you, and I wouldn't pull the trigger until at least spot 50.

John Salmons (ADP: 81) – The backcourt is getting crowded in Milwaukee, and there is no way Salmons replicates last year's numbers with Milwaukee. I would expect around 14 points per game this year, rather than the 19 he poured in last year. I would hold off until triple digit draft picks, unless you are a big Bucks fan and must have him.

Corey Maggette (ADP: 101) is not exactly Mr. Reliable, but continues to score, and be one of the most valuable FT% threats in the league. Maggette is used to fast-tempo teams. Points won't come as easy in the Bucks slow-down offense. Temper your expectations due to tempo change and injury concerns. Pick #101 is too early for Maggette. If he fell to 130 I would consider pulling the trigger.

Carlos Delfino (ADP: 127) is picking up right where he left off last year, playing great basketball. Delfino flourished after Redd got injured last year, and there is no reason not to expect more of the same. Pick 127 is a steal, for the all-around contributions that Delfino will provide.

Drew Gooden (ADP: 160+) is old and boring. He is an old and boring player that consistently puts up 12 points and 8 rebounds. Not a bad value pick around 180+ but I would rather take a chance on the new Gooden in the league, Taj Gibson.

Ersan Ilyasova (ADP: 160+) provides a great spark off the bench, but that's about it. Ilyasova has never found a shot he doesn't like. He would be a great pickup if the Bucks got riddled with injuries. Otherwise, leave him be.

Luc Mbah a Moute (ADP: 160+) will start and may play the most minutes for the Young Bucks. However, he is a defensive specialist, who hasn't learned how to be productive for fantasy managers. Don't fall for the trap just because he is in the starting lineup. He just ain't worth it.

Larry Sanders (ADP: 160+) has monster blocking potential, but the playing time just won't be there. Keep him in the back of your mind for the future, but don't draft him unless you are building your team for 2013.

Cleveland Cavs

Antawn Jamison (ADP: 40) is now the number one option in Cleveland, or at least the second, depending on how you look at it. There are talks of Jamison coming off the bench this year, but he should get 35+ minutes either way. Antawn missed 16 games last year, and is 34 years old, but there is at least one more good year left in his tank.

Mo Williams (ADP: 42) propensity for injuries is much underrated. Mo Will has missed 10+ games in 5 of his 7 seasons. That alone makes me weary, and should make you weary as well. Pick 42 is too early for Mo Will.

J.J. Hickson (ADP: 105) is 22 years old, in his third year, and ready to have a breakout season. We are looking at 15 points, 8 rebounds but not a lot of blocks or rebounds, unfortunately. Because of the lack of defensive stats, Hickson's fantasy breakout expectations should be slightly dampened.

Anderson Varejao (ADP: 160) has good potential based on his Per Minute numbers, but foul troubles will always hold him back. Don't expect a double-double out of Varejao on a nightly basis, but 9 points, 9 rebounds, a steal and a block would not be a farfetched projection. He should easily outplay his 160 ADP.

Ramon Sessions (ADP: 160+) averages 15 points and 7 assist on a Per 36 minute basis, for his career. Playing behind an injury prone Mo Williams should help his cause this year. I would expect 12 points and 5 assists per game over the course of the season. Should be a pretty solid late round flier.

Jamario Moon (ADP: 160+) doesn't have that LeBron James guy to worry about taking his playing time anymore. It is scary how valuable Moon can be in fantasy terms when you think about how little he does in the box score. It's the way he spreads out his stats that makes him valuable.

Daniel Gibson (ADP: 160+) lacks potential, other than a three or two per game. May be worthy of owning in a 14+ team league, nothing shallower.

Indiana Pacers

Danny Granger (ADP: 8) is a top five fantasy player when he is healthy. That is not saying much, though, because he has missed 35 games over the past two seasons. If you like to gamble on injury risks, then Granger is the perfect first round candidate for you.

Darren Collison (ADP: 49) – Talk about overhyped. When Collison filled in for CP3, he averaged 19 and 9, and now people are expecting more of the same. There are going to be a lot of disappointed fantasy owners. First, there is nobody like David West in Indiana. Pick n Roll's to West probably accounted for 3 of those assists alone. Second, there is now pressure on him to perform. Don't say I didn't warn you when Collison averages over three turnovers per game, and less than 7 assists per game.

Roy Hibbert (ADP: 128) is gaining a lot of attention as well, and it is well-deserved attention. Hibbert was very inconsistent last year, but that is to be expected from a 22/23 year old. With another year of experience, Hibbert need to show more consistency, and get in less foul trouble. If Hibbert can stay on the court 5 minutes longer this year, I would not be shocked to see 15 points, 9 rebounds with 2 blocks. We're talking Top 25 numbers. Forget about Collison this year, Hibbert is the Pacer ready to breakout in 2010-11.

Mike Dunleavy (ADP: 141) has to compete for minutes with Dahntay Jones, Posey, Brandon Rush and Paul George as well. Add that to his recent injury troubles which have allowed him to play 85 games over the previous two seasons combined. You can make better use with your 141st pick than Mike Dunleavy.

Josh McRoberts (ADP: 160+) is dominating preseason, from a fantasy perspective, at least. In three games, McRoberts has averaged 10 points, 8.7 rebounds, 3.3 assists, 2.7 steals and 1 block. It is an extremely small sample size, but that's good for 14th most valuable preseason player, currently. The Power Forward looks like his to lose right now. I recently took McRoberts with the 133rd pick in a H2H draft. I would recommend you do something similar.

T.J. Ford (ADP: 160+) has been taken hostage by the Darren Collison hype train, and there is no sign of ample playing time in the near future. Don't even consider Ford when drafting. Seriously, forget I even wrote this.

Paul George (ADP: 160+) – Nothing like a double first name player to fill out your fantasy squad. George should get a chance to prove himself while Brandon Rush is suspended the first five games. George has struggled in the preseason, so I don't think he impresses right away. Eventually, I think he will be a great NBA player. Keep an eye on George and pick him up at the first signs of him "figuring it out".

Tyler Hansbrough (ADP: 160+) - I disrespect and dislike you as a person if you draft Tyler Hansbrough in any fantasy draft, no matter how deep the league is.

Brandon Rush (ADP: 160+) is like a younger version of Jamarion Moon. Both players get a little of everything, but nothing too exciting. Rush is suspended for the first five games, and will have to deal with Mike Dunleavy once he returns. Expect similar stats to last year, if not worse from Rush in 2010-11.

Detroit Pistons

Rodney Stuckey (ADP: 77) – I'm still shocked that people have this much faith in Stuckey. As Stuckey gets more playing time, his efficiency goes the opposite direction. Someone needs to tell him to stop shooting three-pointers. I wouldn't touch this guy until pick 130 at least.

Ben Gordon (ADP: 93) – As a Bulls fan and also a fan of Wages of Wins, it felt good to see Gordon struggle last season. With the crowded backcourt in Detroit, there is no way Gordon gets near 20 points a game, which is what made him semi-valuable when he was a Chicago Bull. At 15 points per game, there is no way Gordon should be drafted in the Top 100.

Rip Hamilton (ADP: 135) can still score in bunches. However, his number of games played as decreased each of the last five seasons. The situation in Detroit is very sticky, and I would avoid Rip until he or someone else gets traded.

Charlie Villanueva (ADP: 146) has been decent in preseason, but is still fighting for his job. It is now five seasons into CV's career, and he averages 25.9 minutes per game. I think we can officially say Charlie doesn't have that "star" potential that a lot of hopeful fans thought. That being said, CV should still outplay his 146 ADP.

Tracy McGrady (ADP: 153) – I hate to see this happen to great players. Some players don't know when to hang it up, and call it a career. That time should have been two years ago for T-Mac. Now, we get to watch a once great player get outplayed on a nightly basis until he inevitably gets injured and has to officially retire... sad.

Tayshaun Prince (ADP: 155) had his six straight seasons of iron manliness broken when he missed 33 games last season. Still, you know what you're getting with Tayshaun. It is eerie how consistently average TayTay is on a yearly basis.

Austin Daye (ADP: 160+) has been Beasting preseason. In 6 games, Daye has averaged 16 points, 6 rebounds, 2.2 Threes, 1 steal and 0.8 blocks. With Jonas being out for the season, there is still one starting spot up for grabs. Austin Daye is making it hard to not choose him. Starting or not, Daye should have no troubles playing way above his ADP.

Will Bynum (ADP: 160+) may start, but that is just for appearances. Realistically, Bynum will never have a better season than last year.

Greg Monroe (ADP: 160+) passing has been as impressive as advertised, in preseason. He is still a rookie, and will struggle with playing time and transitioning to the league in general. Barring injury, leave him be in 2010-11.

Eastern Conference – Southeast Division

Southeast Division	W	L	%	GB
Miami Heat	64	18	78.05%	-
Orlando Magic	54	28	65.85%	10
Atlanta Hawks	47	35	57.32%	17
Charlotte Bobcats	39	43	47.56%	25
Washington Wizards	22	60	26.83%	42

Division Outlook:

The South Beach Crew will be nearly impossible to beat when they are in must-win situations, but I think the lack of depth and let down games will force them to lose 15+ games. Orlando is steamrolling Preseason but they do not have to experiment with lineups like most teams. They are the same team as last year. The Hawks have a new coach so may start slow but should click by season's end. The Bobcats stood still while everyone else grew an inch. The Wizards will be an exciting young team, but one of the worst in the NBA.

Miami Heat

LeBron James (ADP: 2) has to share the spotlight for the first time in his career. Out of all the big three, I think LBJ will be affected least. Imagine 26 points, 10 assists and 9 rebounds a game to go along with his already great 3-pointers and defensive stats. It's scary to think about, but LeBron may be in for his best fantasy season yet. I am one of Durant's biggest supporters, but I would rather have LeBron this year.

Dwayne Wade (ADP: 6) – I just don't have the same faith in Flash that I do for King James. Wade is a step behind LBJ in nearly every category, and will continue to be so in 2010-11. Plus, he has never played a full season in his seven year career. Avoid Wade, unless he falls to the second round.

Chris Bosh (ADP: 19) was a top 20 player last year, and I don't see why he can't be again in 2010-11. The Heat have a plethora of big bodies, but Bosh and Haslem are the only two who should see reasonable playing time this year. I would endorse Bosh anytime 2nd round or later.

Mike Miller (ADP: 119) – As funny as it sounds, Mike Miller may be the most important piece of the Miami Heat Championship puzzle. No three players in the world are good enough to dominate the NBA by themselves. Miller should nail 2+ threes per game this year, but will just need to worry about staying healthy. In 10 seasons, Miller has missed 13 games on average.

Mario Chalmers (ADP: 132) earns honors of luckiest point guard in the NBA. Chalmers won't get full-time minutes, but even with a measly 20 minutes a night, Chalmers should dish out 5+ assists and rack up at least one steal a game.

Udonis Haslem (ADP: 160+) – Haslem should get plenty of open opportunities with all the star power around him. Expect the FG% to rise over 52%, while at least maintaining his points and rebounds. Barring legal issues, Haslem should be a great bargain anytime after the 150th pick.

Others (ADP: 160+) – The rest of the Heat roster is filled with players without much fantasy upside. Barring injuries, avoid at all costs. Carlos Arroyo or James Jones would be the first in line if you must add a different Heat player.

Orlando Magic

Dwight Howard (ADP: 17) is no longer a freakish man-child. He is now just a freakish man athlete. He has missed two games in his entire six year career. Howard has led the league in Blocks and Rebounds the last two seasons, and led the league in FG% last year. Talk about a three category monster. Howard is easily a Top 10 player in H2H leagues. In roto, hold off until the 2nd or 3rd round, due to the horrendous FT% and TOs.

Jameer Nelson (ADP: 69) is a year removed from being a Top 25 fantasy player (Per Game). However, he has consistently proven to be injury ridden. Inconsistency and injury troubles make it risky to target Jameer anytime before 100. Let someone else gamble on Jameer.

Rashard Lewis (ADP: 72) is just not as of an effective fantasy player as he once was. Since joining the Magic, his free throws attempted have decreased, his FG% has dropped, his rebounds have dropped and his points have dropped dramatically. His three-pointers will keep him in the Top 100 for sure, but there is not a lot of upside with Rashard, not anymore.

Vince Carter (ADP: 75) – One of the biggest myths in the league the Vince Carter is injury prone. He is actually pretty reliable when you look at his overall career. Injuries aside, Vince was the 86th ranked fantasy player last year, his first year in Orlando. At age 33, it would be foolish to expect better in 2010-11. I wouldn't target Vince in my drafts until the triple-digit draft picks.

J.J. Redick (ADP: 160+) should see plenty of minutes this season. The Bulls tried to snatch Redick away from the Magic, but the Magic wouldn't let that happen. They know how important it is to spread the court with Dwight Howard down low. Redick should see his playing time increase at least 4 minutes, up to 26 mins/game, and at least be a Top 150 fantasy player. Don't be afraid to draft Redick anytime after pick 130.

Ryan Anderson (ADP: 160+) is incredibly productive in the small amount of playing time he gets. Unfortunately, barring injury, he will continue to get less than 20 mins per game. In the case of an injury, Anderson's three-pointers make him a legitimate pickup.

Marcin Gortat (ADP: 160+) is getting paid a good chunk of money. A lot more money than a 13 minute per game player should get. Gortat is a "hustle player", whose steals, rebounds and blocks provide the value. Like Anderson, avoid Gortat unless injury strikes on the Magic frontcourt.

Mickael Pietrus (ADP: 160+) is now 28 years old somehow. It seems like yesterday he was the "Next Grant Hill" or something like that. Now, 7 years later, it's been seen how little fantasy value Pietrus actually has. He's no longer the "sexy pick", let someone else deal with his misguided hope.

Quentin Richardson (ADP: 160+) should provide a spark (1.5 threes) off the bench. Not much more to look at here. He'll go through the usual hot streaks, and that's the only time he will be worth owning .

Brandon Bass (ADP: 160+) has had a great preseason but won't get the time of day once the regular season starts. Keep an eye out for possible trades or injuries. That's the only way Bass will have value this year.

Chris Duhon (ADP: 160+) – Backing up the injury-prone Jameer Nelson, what a life. Should average about 24 minutes per game, and get 3 or 4 assists per game. No fantasy value, unless/until Jameer goes down.

Atlanta Hawks

Josh Smith (ADP: 22) – Jsmoove's maturity level has increased two-fold over the past two seasons. There are few better than Josh Smith when it comes to H2H leagues. In Roto leagues I would target after 15, in H2H I would target anytime after 5.

Joe Johnson (ADP: 26) – The Hawks will no longer be running the "Joe Johnson Iso Offense" under new coach, Larry Drew. Overall, I think this will be a negative for Joe John. I would target Joe John in the 35-45 range, if he falls.

Al Horford (ADP: 39) – Al Horford’s box scores are similar to listening to someone reading slides off a Power Point, just plain boring. That being said, Horford has a great all-around fantasy game. 15 and 10 with a steal, a block, great percentages and low turnovers. Although boring, you could definitely do worse at pick 39.

Jamal Crawford (ADP: 60) – If you are trying to target Joe John, but miss out, go ahead and swipe up Crawford three rounds later. Both are a little over valued because they can score, but they are still productive players. Personally, I wouldn’t target Crawford until pick 80 at the earliest.

Marvin Williams (ADP: 139) – Hawks/UNC fans, if you’re still holding onto hope that Marvin Williams was a good pick at #2 in the 2005 NBA draft, you’re crazy. There are at least five players drafted after Marvin that are another world above him. Still, Marvin should easily outplay his 2009-10 season where he averaged 10 points, 5 rebounds, 1.1 assists, 0.8 steals, 0.6 blocks. It is safe to target Marvin anytime after 100.

Mike Bibby (ADP: 147) is getting pushed out of the equation by a lot of Jeff Teague enthusiasts. However, I don’t think the transition to Teague will be as quick as most expect. Sure, Bibby is old, but the Hawks’ need his veteran mentality to help break in the new offense. Bibby should outplay his 147 ADP.

Jeff Teague (ADP: 160+) – Like I just mentioned, a lot of insiders are suggesting a Teague takeover. Like I said, again, I think the takeover will be later rather than sooner. With Bibby’s aging body, I agree that Teague is the right man for the point guard job. However, I think it won’t become “Teague’s team” until late in the season, as they get pumped for their Playoff Push. Teague should be a good player to add or trade for halfway through the season.

Jordan Crawford (ADP: 160+) – It’s no secret that Jordan Crawford can score, or that he can dunk over LeBron. Crawford score 20+ at Xavier last year, and be a great 7th or 8th man off the bench. During 5 preseason games, Crawford has been surprisingly efficient with the rock, dishing out 3.8 assists to his 1.4 turnovers. Although they have different physical builds, Crawford’s fantasy potential is much like that off a particular 76er, Lou Williams.

Charlotte Bobcats

Gerald Wallace (ADP: 14) is like that ex-girlfriend who promises to change, and stop being such a whore. He has been good with the injuries as of late, but you know people don’t change. “Crash” will be back to his old self, missing 10+ games before you know it. I wouldn’t touch G-Wall-E until pick 25 or later.

Stephen Jackson (ADP: 44) is like a fine wine, better with age. Jax was the 55th most valuable fantasy player last year, so it’s a little surprising, considering his age, to see him being drafted 11 spots earlier than that. Without Felton around, Jackson will likely play some Point-Forward. He already averaged 3.2 turnovers per game last year, you do the math. Passss.

Boris Diaw (ADP: 91) is a player whose box scores are more exciting than their actual value. He scores, rebounds and dishes the rock but he doesn’t steal the ball, doesn’t get blocks, and turns the ball over too much. I’m not going as far to say 91 is way too high for him, but there isn’t much value to picking him before Pick 100.

D.J. Augustin (ADP: 138) - Real Life Value? No... Fantasy Value? Yes. In 14 career starts, Augustin has averaged 17 points, 5.9 assists, 2.5 threes, 2.5 rebounds and 1.1 steals. Wow, that’s like Andre Iguodala territory, if AI2 sold some of his rebounds for three pointers. The problem is playing time. The Bobcats letting Felton is a good sign, but there is also a reason why D.J. only played 18 minutes a game last year. Expect at least 25 minutes/game this year, and big numbers as a result.

Tyrus Thomas (ADP: 157) – Like Augustin, there is a reason why he only gets 20 minutes of playing time. Even with his freakish athletic abilities, and head turning blocks, he still has that A.D.D. mentality sometimes out on the court. Tyrus won't digress from last season, when he was the 126th most valuable fantasy player. Also, it's only Tyrus' fifth season, so there is always that chance he "figures it out". Tyrus should easily outplay his ADP, 157. I am a big fan of Tyrus, so I have been targeting him around pick 90. Realistically, in most leagues, you could wait a few more rounds and safely get him in the 120s or later.

Gerald Henderson / Shaun Livingston / Derrick Brown (ADP: 160+) – Sadly, these are the only other players in Charlotte that are close to viable fantasy options. Henderson could earn playing time through because of his defense, but will do a whole lot of nothing if he does play. Everyone knows about Livingston's potential, but he'll never be the same after his devastating knee injury. Derrick Brown is a 2nd year guy out of Xavier who can score a banana-boat full of points if he's given the chance. Banana-boat full in the case is referring to an above-average, but not excessive amount.

Washington Wizards

John Wall (ADP: 45) is consistently the first Wizard drafted in most fantasy drafts, and for good reason. Even though he is a rookie, Wall is averaging 16 points, 8 assists and 2 steals through six preseason games. The Wizards are a miserable team, and will be even more so if Arenas is traded. All that means for Wall, is that he has the green light. Wall is the future in Washington, and the future is now.

Andray Blatche (ADP: 62) has averaged 14 points, 7 rebounds, 1 steal, and 1 block during his 100 career starts. The problem with Blatche has always been his poor attitude/selfishness and inconsistency. I don't see any indications that either problem has been solved. Blatche is a little overvalued this year. Wait until 75 or later to draft Blatche.

Gilbert Arenas (ADP: 87) is acting like a new man. He has conceded the lead role, in favor of John Wall. He is also acting like a "Boring Bob" or "Debbie Downer". It could be interpreted as pouting, or as maturing; only time will tell. Personally, I think its all part of the Agent Zero act we've grown accustomed to for years. When push comes to shove, Arenas will be chucking, and will at least be a Top 60 player.

Kirk Hinrich (ADP: 127) hasn't been the same since he inked his big contract back in Chicago. Was that due to work ethic? Bad luck? Coincidence? Off court issues? No one will ever know. Hinrich is still going to defend his little heart out, and hit a three a game. With Wall and Arenas hogging the majority of minutes, it's unlikely we see much over 30 minutes/game for Hinrich. Target after 150.

JaVale McGee (ADP: 131) – I have a lot of love for JaVale McGee this year. He was a Top 60 player last year if you are using per-minute rankings, he is on a bad team that will showcase its youth, and he is 22 years old. As long as he gets 20+ minutes, his 2 blocks per game will be more than enough to easily outplay his 131 ADP.

Josh Howard (ADP: 148) is drafted way too high for how injury prone, and crowded the backcourt is. Enough said.

Yi Jianlian (ADP: 160+) is only 23 years old and being traded to a new team that doesn't have a lot of hope. Sounds like the recipe for a potential breakout. There is no real evidence to back this up beside him being 7 feet tall and running like a deer. A Young Buck like this is worth the risk. The potential ROI is very high, and you can always drop him if he fizzles.

Al Thornton / Nick Young / Adam Morrison (ADP: 160+) – The rest of the potential fantasy relevant players are all players I go out of my way to avoid. Thornton and Young have never met a shot they don't like, and Morrison looks like Charles Manson. Don't draft these fellows.

Western Conference – Southwest Division

Southwest Division	W	L	%	GB
Dallas Mavericks	54	28	65.85%	-
San Antonio Spurs	52	30	63.41%	2
Houston Rockets	43	39	52.44%	11
Memphis Grizzlies	42	40	51.22%	12
New Orleans Hornets	40	42	48.78%	14

Division Outlook:

The Dallas Mavericks are full of veterans. As far as title contention, last year was probably their last real chance. The Spurs are always in the Playoff picture, 52 games sound about right for them. The Rockets lost Trevor Ariza to a division foe. They better hope Ariza-lite, Courtney Lee, steps his game up. The Grizzlies won 40 games last season, and are incredibly young. They can only get better this year. The Hornets have surrounded CP3 with a lot of solid pieces. Having CP3 for a full season will definitely help, as well.

Dallas Mavericks

Dirk Nowitzki (ADP: 4) has been as steady as they come in fantasy over his career. That being said, he is 32 years old, and has played in 920 Regular Season NBA Games. The odds of him maintaining productive and staying healthy aren't that great. Plus, he's pretty boring to own, so he doesn't have much trade value. I would draft him 10th at the earliest.

Jason Kidd (ADP: 21) has declared he needs a cut in minutes this year. Not what you want to hear from your 2nd round draft pick. Look for Kidd to average less than 35 minutes a game, which will be the first time since his rookie year. Yeah, that's about 15 or 16 years ago. Like Dirk, I would rather take my chances on someone with a fresh set of jumpers.

Caron Butler (ADP: 59) decreased his scoring by 4.5 points and 2 assists per game last season. Can Butler not hang with the Small Forwards in the West? Was he getting acclimated to the Dallas system? Or is his career on a downward path? I would say a little combination of all three. You're not getting any value on draft day unless he falls past 75.

Jason Terry (ADP: 64) continues to excel as a 6th man in Dallas. His best fantasy days are behind him. But if you need a solid role player for your team, Terry will be great for points and threes with a few assists here and there. I would only draft Terry if he fell past 70.

Shawn Marion (ADP: 110) is no longer that first-round fantasy talent that we came to expect when he was in Phoenix. He put up similar stats as Grant Hill last year, and Hill is not being drafted in the Top 160. I don't see any value in drafting Marion before pick 150.

Brendan Haywood (ADP: 130) finished #5 in Blocks per Game last season. By itself, that makes Haywood worth a late round flier. Haywood's Minutes Per Game decreased by six after the trade to Dallas. Not good news for perspective owners. Haywood is no more than a one category stud for the most part.

Tyson Chandler (ADP: 150) will not get enough minutes to be productive, with Haywood taking most of the minutes. Unless you have inside info suggesting Chandler gets more minutes, avoid in all but the deepest of leagues (16+ team leagues).

Rodrigue Beaubois (ADP: 160+) has some of the best per-minute numbers in the league. Can he do it full-time? It's worth taking a risk.

Dominique Jones (ADP: 160+) looks to be the starter by default on opening night. There are two ways this goes down. 1) Jones tries to be an offensive threat and gives your team horrible percentages and high turnovers. 2) Jones accepts a defensive role, and keeps hold of the Shooting Guard role for a long stretch, but puts up marginal numbers. Either way, he's not really worth owning.

J.J. Barea (ADP: 160+) is a very streaky/inconsistent player. Even if he had a starting role, I wouldn't trust him on a nightly basis. So, as a reserve, it is even easier to suggest you avoid Barea in all leagues.

San Antonio Spurs

Tim Duncan (ADP: 31) – Expect to see the magical 1,000 game threshold take a toll on Duncan's numbers this season. Luckily the Spurs have a lot of depth in the frontcourt with Blair and Splitter emerging as viable options. This will mean they won't need Timmy D to play big minutes during the regular season. Duncan will average < 10 rebounds for the first time in his career. Pass on Duncan this year.

Manu Ginobili (ADP: 46) continues to be one of the best 6th men in the NBA. Manu's got a couple more productive seasons left in his tank. Don't be scared to draft Manu in the 38-50 pick range.

Tony Parker (ADP: 92) is in a contract year which usually means the player will magically play through injuries they normally wouldn't. I generally hate Parker as a fantasy player because he is a Guard but he doesn't get steals, threes or rebounds. That being said, I think Parker should outplay his 92 ADP.

George Hill (ADP: 95) made big strides last year as his role expanded for the Spurs. In his third year, there is no reason to not expect more growth as a player. Even with more improvement, I don't see Hill as a Top 100 fantasy player. I wouldn't draft Hill until the 115 pick or later.

Richard Jefferson (ADP: 144) worked harder than ever this offseason. He is trying to bounce back from a subpar season. Expect his points to come back up to 15+ and his FT to be over 80% once again. Jefferson was the 167th ranked fantasy player last year, even with the terrible stats he put up. He should easily outplay his Average Draft Position.

DeJuan Blair (ADP: 145) is a rebounding machine, but I have trouble putting too much faith in a NBA player without ACL's. I think his minutes stay under 25 minutes per game. He could average 8 and 8, but he doesn't get steals, blocks or assists. I would love to have Blair on my team in real-life, but there are much better fantasy options.

Tiago Splitter (ADP: 160+) is receiving a lot of hype but that has settled down after not playing in the Preseason due to injury. He has a ton of potential, and he comes in a NBA ready version. The foot injury may hold back his value for the first 1/3 of the season, but he is a great pickup or trade-for candidate at that point. A combination of Scola and NeNe is the type of player Splitter can become as he settles into the NBA Lifestyle.

James Anderson (ADP: 160+) was drafted with the 20th pick overall. The Spurs usually draft well, but this doesn't seem like their type of player. They are either changing their team identity or plan on using Anderson as trade bait. I would not be surprised if Anderson is not in a Spurs uniform at this time next year.

Houston Rockets

Kevin Martin (ADP: 55) – Injuries are always the #1 concern for K-Mart owners, but Martin is back in good health for the 2010-11 NBA Season. A lot of shots opened up with the departure of Ariza. Everything is lining up perfectly for a big comeback year. Target Martin in the 30-45 pick range.

Aaron Brooks (ADP: 65) led the league in Threes per Game last season. Don't be surprised if the backcourt duo of Brooks and Martin combine for 45+ points a night this season. Pick 65 is about right for Brooks in Roto leagues. In H2H leagues, I would target Brooks anytime after Pick 45.

Yao Ming (ADP: 86) is like fragile chinaware, no pun intended. The Rockets have set a 24 minute per game limit for Yao. I expect them to break that rule eventually, but it's still disappointing to hear. There are too many playing time concerns to trust Yao this year. I wouldn't take a chance until the 125th pick or later.

Luis Scola (ADP: 102) will still see the lion's share of minutes for the Rockets. Scola had 32 Double-Doubles last season, and should see plenty more in 2010-11. The 100-110 pick range is the perfect time to target Scola.

Courtney Lee (ADP: 160+) was a super sleeper on a lot of website last year, but he didn't really live up to the hype. Even without "breaking out," Lee was still the 92nd best fantasy player last year. Even with a crowded rotation in Houston, there is no reason Lee shouldn't be a Top 150 player, at worst.

Shane Battier (ADP: 160+) continues to be a Roto League stud, even though he's a little more injury prone than he used to be. His three-pointer, steal, block combo is so rare, it makes him a big asset in all fantasy leagues.

Chase Budinger (ADP: 160+) will score and hit threes. That's literally all he does. If you want some threes without hurting your percentages or turnovers, Budinger may be what you're looking for.

Kyle Lowry (ADP: 160) won't get the minutes to be productive. Even as a starter, he is a subpar fantasy player. Barring injuries, he won't be worth owning this year.

Memphis Grizzlies

Rudy Gay (ADP: 37) is very good, but slightly overrated because he is flashy and exciting to own. Sometimes it's worth taking a player a little early, just for the satisfaction of knowing you own him. That is the case with Gay. Drafting anytime after 30 is alright with me.

Marc Gasol (ADP: 48) was the most valuable Grizzly last season. 15 and 10 with a steal and nearly two blocks isn't easy to find. 40-50 is the right draft range for Gasol this year.

O.J. Mayo (ADP: 51) actually digressed from his Rookie season. It's rare for a player to have their best season during the Rookie Year. That means, a breakout season is still in the works for Mayo. He should be a Top 55 player this year as long as he improves at all. Draft in the 4th round with confidence.

Zach Randolph (ADP: 53) is one of the two players on the Grizz roster that have more than 4 years of NBA experience. The "old guy" will continue to do what he does best, 20/10. His ADP is exactly where he should be drafted.

Mike Conley (ADP: 136) was the 118th ranked fantasy player last season, is 23 years old and still in line for the majority of Point Guard minutes in Memphis. Conley should at least be able to replicate last year's value... draft away.

Hasheem Thabeet (ADP: 160+) was the third most effective Grizzly on a per Minute basis, last season. If Thabeet gets any minutes, snatch him up immediately. That's a big 'if' though.

Darrell Arthur (ADP: 160+) was second in Minutes played on Memphis. Minutes = Value, by default. I'm not a big fan, but he's worth watching, and taking a flier on if he continues to get minutes.

New Orleans Hornets

Chris Paul (ADP: 3) is the consensus #3 pick in fantasy drafts for a reason. His consistency to put up elite steal and assists numbers year in and year out is unmatched. Barring another injury ridden season, Paul should definitely finish in the Top 5 players.

David West (ADP: 36) is a percentage machine. Much of his value comes from his Field Goal and Free Throw Percentages. Personally, I would choose other options but I couldn't argue against drafting West anytime after Pick 35.

Marcus Thornton (ADP: 74) has a ton of value, when he plays. In the 17 games Thornton started last year, he averaged 20 points and 2+ threes per game. His fantasy value in those games was comparable to players like Andre Iguodala and Rudy Gay. After a horrendous preseason, he may struggle to find minutes. He is a great candidate to buy low, because his talent will shine through before long.

Trevor Ariza (ADP: 84) – The only knock on Ariza last year was his FG% and Turnovers. However, he was still a Top 50 player. On New Orleans, he won't be expected to carry a heavy load offensively. He will get plenty of easy baskets, thanks to CP3. It looks like another Top 50 fantasy season is on the 'hARIZAn'.

Emeka Okafor (ADP: 111) had a slightly down year last season. He averaged less than 10 rebounds per game for the first time in his career. That was because he averaged less than 32 minutes per game for the first time in his career as well. The good news is that Okafor hasn't missed a game in three years, and should play at least 30 minutes a game this season. Okafor is a good pick any time after 90.

Marco Belinelli (ADP: 160+) – Sharpshooter extraordinaire, Marco Belinelli has been lighting it up in Preseason. A 24 year old being traded to a new team and given a chance to start. You have to love that, because it's usually the equation for a breakout season.

Western Conference – Northwest Division

Northwest Division	W	L	%	GB
Portland Blazers	56	26	68.29%	-
Oklahoma City Thunder	51	31	62.20%	5
Denver Nuggets	44	38	53.66%	12
Utah Jazz	42	40	51.22%	14
Minnesota T-Wolves	25	57	30.49%	31

Division Outlook:

The Blazers are no longer the young, up-and-comers. They are now ready to have their experience pay off, by possibly winning the West. Oklahoma City is exciting, but still very young and inexperienced. The Nuggets thin front court, and Melo trade rumors will hold them back this year. Al Jefferson will replace Boozer just fine, fantasy-wise, but Boozer is a much better real-life player. The T-wolves are making steps in the right direction, They will be much better this year.

Portland Trailblazers

Brandon Roy (ADP: 15) – Even two years ago when Roy had his best season, he was only the 25th best fantasy player. I find it odd that fantasy owners are expecting Roy to stay healthy and have a career year.

Marcus Camby (ADP: 51) – It's no secret how injury prone Marcus Camby is. In his 14 year career, he has averaged a mere 59 games per season. When healthy, he's a top 15 player, but don't expect more than 55 games from Camby.

LaMarcus Aldridge (ADP: 73) added 20 pounds over the summer, which should only help him battle against the bigger Power Forwards. Aldridge was the 65th ranked player last season, and 56th the previous year. At his current ADP, and his new physique, Aldridge can only exceed expectations.

Andre Miller (ADP: 80) is the poster child for iron men across the NBA. Through 11 seasons, Miller has missed five games. However, he's just not playing enough minutes in Portland to make him valuable to fantasy teams. Avoid Miller in all drafts this year.

Nicolas Batum (ADP: 124) won't be 22 years old until December. The Blazers have made it perfectly clear that he is the #1 Small Forward on the team by letting Martell Webster and Travis Outlaw leave town. Per game, Batum was already the 74th ranked player last season. With no competition in town, Top 50 is not farfetched. I am predicting 13.5 points, 4.5 rebounds, 1.6 assists, 1.2 steals, 0.7 steals, 2.1 threes with 50+ FG% and 80+ FT%. Could be the steal of your draft.

Greg Oden (ADP: 141) was an absolute stud last season, when healthy. The problem is, he is never healthy. We'd be lucky to see Oden before the New Year. That's a long time to be wasting away on your team's bench. Don't waste your time on him before December.

Rudy Fernandez (ADP: 160+) absolutely killed it preseason. After a lot of talks that he is unhappy in Portland, everthing seems fine and dandy now. Whether that's just for appearances, so he can get traded, I guess we'll find out. Best case would be a trade to New York, but we may have to settle for ~ 22 minutes a night for the time being. Still worth a late round flier.

Wes Matthews (ADP: 160+) played in all 82 games last year, but that is about all he has going for him, fantasy wise. The contract he signed was bizarre, and it will be even more bizarre if they play him more than 25 minutes a game. Avoid Matthews in all but the deepest of leagues.

Dante Cunningham (ADP: 160+) is the beneficiary of Marcus Camby injuries, which should happen early and often. Cunningham is a decent option, but only when Camby goes down, and before Greg Oden returns.

Oklahoma City Thunder

Kevin Durant (ADP: 1) is a consensus Top 2 pick. We could sit and debate Durant vs. LeBron all day. At the end of the day, Durant is 22 years old, and averaged 30 points a game last year. You can't go wrong drafting this guy at the first available chance.

Russell Westbrook (ADP: 27) is a player that gets more fantasy love than he should. His biggest weakness is turnovers, 3.3 per game last year. Even if you take those out of the equation, he was still the 48th ranked fantasy player. I love the guy as a player, but this is another prime example of overpaying to own exciting players.

Jeff Green (ADP: 66) is just the opposite of Westbrook. He's not the flashiest of players, and didn't live up to a lot of expectations fans set for him out of college. Unless you're in a league without turnovers, Green is more valuable than Westbrook, yet he can be had 40 picks later. You do the math.

James Harden (ADP: 132) is a stud when he plays. Now with a year of NBA experience under his belt, he should at least see 25 minutes a game. There were 34 games last season when Harden played 24 minutes or more. In those games he averaged 13.6 points, 3.7 rebounds, 2.2 assists, 1.3 steals, and 1.8 threes. That's more valuable than players like O.J. Mayo, Aaron Brooks, Tyreke Evans, etc. Bottom Line: Don't sleep on Harden.

Serge Ibaka (ADP: 159) was the second most productive Thunder player, on a Per Minute basis last year. Foul trouble, and inexperience kept his minutes in check. Ibaka should at least see 23 minutes a game this season, which means 1.5+ blocks a game. That also means he is worth owning in most fantasy leagues.

Nenad Krstic (ADP: 160+) won't play enough minutes to be fantasy worthy. Someone may take a risk on him, banking on him returning to his old 15+ points self. When they draft him, you have my permission to point and laugh.

Daequan Cook (ADP: 160+) will play the "sharpshooter" role off the bench. Nothing too exciting, but 1.5+ threes is generally worth owning in deep leagues.

Thabo Sefolosha (ADP: 160+) is the starting Shooting Guard, but will not be as valuable to own as backup, James Harden.

Denver Nuggets

Carmelo Anthony (ADP: 11) is always an overrated fantasy player. Melo was the 31st ranked fantasy player last year. If you exclude his worst category, turnovers, he was still only the 21st ranked player. This is another example of overpaying because of the name on the back of the jersey.

Chauncey Billups (ADP: 28) is old. He has played 13 NBA seasons, playing in 1049 games (including playoffs). After the magical 1,000 game mark, the reward of drafting players your fantasy team is generally outweighed by the risk of their decline. Avoid Billups this year in all fantasy drafts.

NeNe Hilario (ADP: 41) is the poster child for being an all-around fantasy player. The closest category NeNe is elite in would be steals, but 1.4 is hardly anything to write home about. On stats alone, NeNe is a Top 30 player. Based on his injury past, 40-50 is the proper area to be drafting NeNe.

Al Harrington (ADP: 96) should fit in perfectly in Denver. Seeing that they love to run, and play no defense. Expect stats somewhere in between his previous two seasons. You could definitely do worse at pick 95 or later.

J.R. Smith (ADP: 99) is a percentage killer, mainly FG%. If you exclude percentages, Smith was the 55th best fantasy player last year. That makes him more valuable in H2H league, but harmful in Roto Leagues. Even with percentages, Smith was ranked 112th. So, not a terrible pick... no matter what league style you play in.

Ty Lawson (ADP: 154) is backing up old man Billups. That's makes his chances of playing time quite good. On a per-minute basis, Lawson is elite. Although a small sample size, in 8 career starts, Lawson has averaged 17 points and 6 assists. Worst case is that Billups stays healthy and productive, then Lawson gets 23 minutes a game and is a 125th ranked player, or so. His fantasy potential is through the roof. He could be a Top 10 fantasy Point Guard if he got starter minutes.

Chris Andersen (ADP: 156) AKA Bird Man is a one-trick pony. Blocks are his niche market. His FG% and Rebounds are acceptable as well.

Arron Afflalo (ADP: 160+) saw 27 minutes a game last year, and was only the 159th best fantasy player. When you tell me he is going to get 30+ minutes a night, I become a little intrigued. Afflalo doesn't have star potential, but could easily be a Top 100 fantasy player this season. Don't sleep.

Shelden Williams (ADP: 160+) will be handed a lot of Kenyon Martin's minutes, while Kmart is injured. Shelden has never been given enough minutes to be a viable fantasy option. However, there was a reason he was drafted 5th overall in the 2006 NBA Draft. This will be his best chance to prove his worth. Shelden is a great sleeper for the first half of the season, or at least until Kenyon returns. Expect something like 9 points, 8 rebounds, 1 block and good percentages.

Utah Jazz

Deron Williams (ADP: 7) is a Top 10 fantasy player, assuming you ignore turnovers. Williams will have a new toy to play with, Al Jefferson. On the whole, Deron might have the least amount of offensive depth around him since he's been in the league. Good players find a way to make others around them better, which is why Deron is still a good pick at the end of the first round.

Al Jefferson (ADP: 33) has big shoes to fill, replacing Carlos Boozer. Now that Jefferson is a year removed from his serious knee injury, expect a comeback season, in a big way. Jefferson was a Top 10 player two years ago before his career threatening injury. With that kind of potential, his ADP of 33 is a steal.

Paul Millsap (ADP: 61) is a double-double machine when he gets the opportunity to start. In 49 career starts, Millsap averages 16 points and 10 rebounds with 2 assists, a block and a steal. That's Gerald Wallace Light. Don't be scared to treat Millsap as a Top 50 player this year, that's what he is.

Mehmet Okur (ADP: 103) is not supposed to be back until December at the earliest. Even when he returns, expect his minutes to be below 30 minutes/game just like last year. He is still a Top 100 fantasy player, but not wasting a roster spot for two or three months while he gets in basketball shape.

Andrei Kirilenko (ADP: 108) proved he can still be a fantasy asset whether he's starting or coming off the bench. When healthy, AK47 is a Top 50 fantasy player. Unfortunately, injuries are just something you have to accept with AK. He has missed 10 or more games in each of the past six seasons. It would be foolish to expect anything different this season.

Minnesota Timberwolves

Kevin Love (ADP: 58) is a beast on the glass. He led the NBA in Rebounds per 48 Minutes last season. The departure of Al Jefferson shows the confidence Minnesota has in K Love. Love made 0.6 threes a game last year. Expect at least 1.5 per game this year. That's huge coming from a PF/C Eligible player.

Michael Beasley (ADP: 97) gets a fresh start in Minnesota. If Beasley is going to be a star in the NBA, this is his year to become one. Worst case scenario is more of the same for Beasley. Best case, you get a superstar, averaging 20 points, 8 rebounds, with a steal and a block. At pick 97, the reward definitely outweighs the risk.

Wes Johnson (ADP: 120) has a lot of talent, but will likely go through the usual rookie struggles. Prediction: 10.3 points, 4.1 rebounds, 1.8 assists, 1.6 threes, 1.3 steals, 0.7 blocks. Definitely a solid pick at 105 pick or later.

Jonny Flynn (ADP: 123) had a very disappointing rookie season. His size is exposed by taller guards in the NBA, meaning his 42 FG% is probably not going to improve much during his career. Unfortunately for Wolves fans, Ridnour is the better NBA point guard. Avoid Flynn unless you are a big T-Wolves or Syracuse fan. Value-wise, he's just not worth it.

Corey Brewer (ADP: 142) should be a Top 150 player, but there is nothing unique about his game. Expect around 12 points, 1 three and 1 steal.

Anthony Tolliver (ADP: 151) – Even though he was with Golden State last year, he was the highest ranked fantasy player of any of the current T-Wolves. That being said, there is a reason why he is being drafted so late. It is very unlikely that he will see 31 minutes a game like he received last year. He doesn't offer much value as a non-starter.

Luke Ridnour (ADP: 160+) is not flashy, but knows how to run the point. With a young team, whose concern is not really winning, Ridnour may take a backseat to Flynn. Ridnour is a good late round pick or free agent pickup, but don't get too excited to own him.

Darko Milicic (ADP: 160+) is the starting Center. His value comes from the 1.5+ blocks he should get. This "bust" that is now a decent fantasy option.

Sebastian Telfair (ADP: 160+) returns to Minnesota, the home of two of his best NBA seasons. The potential is always there, but the playing time won't be with Flynn and Ridnour in front of him.

Western Conference – Pacific Division

Pacific Division	W	L	%	GB
LA Lakers	55	27	67.07%	-
Phoenix Suns	38	44	46.34%	17
Golden State Warriors	37	45	45.12%	18
Sacramento Kings	36	46	43.90%	19
LA Clippers	30	52	36.59%	25

Division Outlook:

The Lakers are still the team to beat until proven otherwise. My gut tells me they don't three-peat. The Warriors and Kings are two of the most improved teams, and could definitely make a run at the playoffs if things fall for them. The Suns don't have a presence down low they can rely on, and far too many wing players. Blake Griffin should really help the Clippers take a step in the right direction.

L.A. Lakers

Kobe Bryant (ADP: 5) is at the stage of his career where the playoffs are 400 times more important than the Regular Season. Kobe as played over 1,000 regular season NBA games, expect the decline to start coming quickly. Plus, he is coming off a season where he was ranked 18th overall per game. Not to mention he missed 9 games. First Round Bust.

Pau Gasol (ADP: 9) is a Roto King, and not too shabby in H2H, either. He was the #8 fantasy player last year and 18th the previous year. Drafting him at #9 is not a "Steal", but it's a pretty safe bet you will get a Top 20 player.

Andrew Bynum (ADP: 100) won't return until December most likely. That's not stopping fantasy owners from grabbing him in the Top 100 picks. The Lakers want to play it safe with Bynum's knees when he returns, so don't expect miracles. If you can handle an empty roster spot for a month and a half, Bynum should be a Top 75 player upon returning.

Ron Artest (ADP: 111) has two categories he excels at, Steals and Threes. Other than that, he is slightly above average or slightly below average in other categories. He's worth a Top 100 pick because he has the potential, and history, of being an elite fantasy player. If injuries strike, he can always flip that switch.

Lamar Odom (ADP: 121) was the 62nd ranked fantasy player last year and will be playing without Bynum for a month at least. What's not to like about that?

Matt Barnes (ADP: 160+) is the new guy in town. It's doubtful that he plays a huge role for fantasy teams while in L.A. He is a Ron Artest Light. Avoid, unless you're in a 14+ team league.

Derek Fisher (ADP: 160+) will do more of the same. You should do more of the same, and avoid him in fantasy leagues.

Shannon Brown (ADP: 160+) has the best chance to take his game to another level. As a backup for Fisher and Kobe, he should see 25 minutes per game. We could see 12 points, 1.5 threes and 1.5 steals. Same type of value you get from Corey Brewer, for example, yet cheaper.

Phoenix Suns

Steve Nash (ADP: 12) – Most fantasy managers have players that can't stand. For me, Nash is one of those players. So, when I say to avoid him because he's old, bound to get injured, and overrated, let it be known that I have said the same thing for the past four years. Seriously, though, we will see a decline in production from Nash in 2010-11.

Jason Richardson (ADP: 43) was a Top 50 player last year, but the wing spots in Phoenix are getting a little crowded. J-Rich should get priority over Hill and Childress, so playing time shouldn't be TOO big of an issue. I would Target Richardson in the 45-60 range.

Channing Frye (ADP: 78) is a far sexier fantasy Center, than real-life option. It's nearly impossible to find Center eligible players that can knock down 2+ threes per game. Last year was Channing Frye's career year, and it always will be. Don't expect him to replicate it. Even if he digresses some, he has value at his 78 ADP.

Hedo Turkoglu (ADP: 82) – The Suns weren't happy with the aging Small Forwards they had, so they went and got a couple more. Hedo was one of these. He still has a couple good years left in the tank. I would value Hedo in the 80-95 range.

Josh Childress (ADP: 102) returns to America, and what team does he choose? The team that already has four Small Forwards. Won't be enough minutes for Childress.

Robin Lopez (ADP: 109) is a stud, on a per-minute basis. Unfortunately, most leagues use cumulative stats, and not per-minute. He's a decent late round option for Blocks, Rebounds and FG%. A little overrated, but still a decent option.

Goran Dragic (ADP: 160+) has a ton of potential, and that showed in the Playoffs. As a Nash hater, I am naturally a Dragic supporter. Think of him as Manu 2.0, or Manu Light. If/When Nash goes down, you want to be the one who already owns Dragic.

Grant Hill (ADP: 160+) was hardly worth owning last year. Don't think he magically will be valuable again, just don't.

Jared Dudley (ADP: 160+) is that boring player that you can find on the Waiver Wire year after year. They get you a more than a three a game, so they will be added and dropped from the Waiver Wire numerous times throughout the year.

Golden State Warriors

Steph Curry (ADP: 10) was the 11th ranked fantasy player last season. Unless you believe in the Sophomore Slump, there is no reason to not expect more of the same.

David Lee (ADP: 13) goes from one of the fastest tempo teams to another of the fastest. Even with Nellie at the helm, the Warriors should still be running and gunning. That means a lot of rebounds and put-backs for David Lee. I can't complain about Lee at Pick 13.

Monta Ellis (ADP: 25) is a Top 10 player if you ignore turnovers. That makes him more valuable in H2H leagues since you can pair him appropriately. The injury concerns are always there. Monta is one of the most exciting players to own, so you learn to live with that.

Andris Biedrins (ADP: 127) – Remember that Biedrins was the 15th best per-game fantasy player just two seasons ago. He's not quite the same player after all the injuries, but there is still a lot of value when you can draft him after the 120th pick.

Reggie Williams (ADP: 153) The D-League sensation was the 3rd most valuable Warrior in the 24 games he played last season. There should be plenty of minutes to split between Dorell and Williams, but not 33 per game, like last year. 150 or later is the perfect time to target Williams.

Dorell Wright (ADP: 160+) is trying to remove the “bust” label from his name. It always helps to try to do that for a new team. In 56 career starts Wright has averaged a boring 9 points, 6 rebounds, and a little less than a steal and block. The potential is there, but don't get too excited.

Brandan Wright (ADP: 160+) is returning from injury, so there will definitely be rust to shake off. Keep an eye on him, and pounce if minutes start getting allocated towards him.

Sacramento Kings

Tyreke Evans (ADP: 23) – Three players averaged 20+ points, 5+ rebounds and 5+ assists in 2009-10. One was Tyreke Evans. The other two were LeBron James and Kobe Bryant. That's good company to be in. The turnovers are a big problem. Ignoring Turnovers, Evans was the 39th ranked fantasy player last year. With the expected second year Point Guard leap, 20-30 is a good time to target Tyreke.

Carl Landry (ADP: 87) was above average in 6 of the 9 fantasy categories last year. The three below average categories being Threes, Turnovers and Assists. That kind of consistency was good enough to be the 99th ranked fantasy player. After the trade to Sacramento, Landry lost his efficiency but earned 10 extra minutes a game. When all is said and done, Landry should be ranked in the 60-90 range.

DeMarcus Cousins (ADP: 95) is going to be an All-Star in the NBA. It may not happen right away, it may even take two or three years, but it will happen. There are three things Cousins needs to control in order to have a successful rookie campaign: his fouls, his temper and the ball. Cousins may force things out of the gate and turn the ball over a lot. Once he settles in, I think he can have a great second half of the season. **Prediction:** 13 points, 8 rebounds, 0.6 steals, 1.1 blocks.

Jason Thompson (ADP: 107) can rebound, whoopity doo. That's about all Thompson does effectively. His ADP of 107 is too high.

Omri Casspi (ADP: 112) is one of the best foreign players in the NBA. Does that transition to fantasy? Not quite. It's eery how similar Casspi and Travis Outlaw are when they are given the chance to start. Treat Casspi with the same expectation gloves you would treat Travis Outlaw.

Beno Udrih (ADP: 115) – The upside isn't here. If you're looking for an above average point guard that will get you 4.5 assists and 10-14 points a night, Beno is your man.

Samuel Dalembert (ADP: 122) is expected to miss the start of the season, but not a lot of games. Whether he starts or not, shouldn't make a huge difference. Give him 25 minutes a night, and he's worth his ADP.

Francisco Garcia (ADP: 160+) – Pretty similar player to Omri Casspi, except for the age, the injury concern and the name. All things considered, Casspi should win the majority of the minutes.

L.A. Clippers

Baron Davis (ADP: 53) is not getting a lot of love after a good season. Baron was the 36th ranked player in 9-category leagues. If you ignore FG% or Turnovers, then Baron becomes a Top 25 player. In H2H, Baron is a monster, assuming he stays healthy. Trust in the Beard.

Eric Gordon (ADP: 68) was all the rage last preseason. Then, a couple injuries later and posting average stats, the bandwagon has cleared out. Playing with the US Team should have helped his game and confidence. Who's ready to hop back on the bandwagon for round two?

Chris Kaman (ADP: 72) is a turnover machine. Over the past three seasons, Kaman has averaged 2.8 turnovers per game. If your strategy is to punt TO's, then Kaman is a good guy to target in the 65-75 range.

Blake Griffin (ADP: 79) is a specimen, and has been waiting in the wings for a year now. The injury concern is still there, but Top 25 potential is also there. 15 points, 10 rebounds, with a steal and a block is what you can expect as long as Griffin stays healthy. Absolute steal if you can get him after Pick 50.

Rasual Butler (ADP: 160+) is a three-point specialist. That makes him worth owning, but not necessarily drafting. He should be on the Waiver Wire when/if you need him.

Randy Foye (ADP: 160+) gets to back up Baron Davis. That often results in a lot of spot starts. No value unless injuries hit the Clippers backcourt.